

# International Student Day Hike in the Tucson Mountains November 21, 2009



See the Sonoran Desert, the only place in the world with saguaro cactus, on this 8-mile hike following the Kings Canyon Trail through the Tucson Mountains in Saguaro National Park. Our hike will take us to Wasson Peak, the tallest mountain in the range, at an elevation of 4,687ft. We'll pass saguaro, hedge hog cactus and ocotillo. If we're watching closely, we may spot cactus wren or even a desert tortoise. Previous hiking experience is required. Sturdy footwear is required. Exertion level: Moderate/ High

## **REGISTRATION:**

The full trip cost is due by 6:00PM November 21, 2009 to reserve space on this trip. Registration is taken at the International Student Programs and Services Office.

## **TRIP COST:**

\$15 Final payment is due by 6:00PM November 21, 2009.

## **PROVIDED BY OUTDOOR ADVENTURES:**

- Transportation (15-Passenger Van)
- Trail snacks
- Leadership and instruction

Trip cost does not include personal clothing or equipment. An Outdoor Adventures t-shirt, hat or water bottle is available to participants for an additional \$10.00.

## **ITINERARY:**

### Saturday, November 21, 2009

- 7:30AM Arrive at Outdoor Adventures house, 1629 E. 7<sup>th</sup> Street. Distribution of equipment, introductions, and a brief description of the hike will take place.
- 8:00AM Depart for the Tucson Mountains.
- 8:30AM Arrive at trailhead, begin hiking.
- 1:30PM Arrive back at trailhead.
- 2:00PM Approximate arrival at Outdoor Adventures.

## **PERSONAL EQUIPMENT AND CLOTHING:**

- ❑ Lightweight hiking boots
- ❑ Lightweight silk, wool, or polypropylene socks, worn as a liner
- ❑ Heavyweight wool socks
- ❑ Long pants, loose fitting, comfortable for hiking (long pants will provide protection from brush)
- ❑ Shirt (long sleeves will provide extra warmth)
- ❑ Wool/pile/polypropylene sweater or jacket
- ❑ Rain jacket and pants
- ❑ Personal first aid kit including aspirin, BandAids, moleskin, etc.
- ❑ Toilet paper, personal sized roll packed in a plastic bag with matches
- ❑ Lip balm
- ❑ Camera and film (optional)
- ❑ \*3 water bottles, 1 quart each
- ❑ \*Day pack
- ❑ Snack

\* may be reserved from Outdoor Adventures at no additional cost.

## **THE OUTDOOR ADVENTURES PROGRAM:**

The Outdoor Adventures Program is designed to get members of the university community involved in the natural world through adventurous, muscle-powered activities. These activities include hiking, backpacking, mountaineering, canoeing, whitewater rafting, rock climbing, bicycle touring, cross-country skiing and caving. Each trip offers opportunities for activity skill development, personal development, social interaction, and safe, enjoyable recreation. Environmental awareness will be stressed throughout each trip.

## **INQUIRIES:**

Outdoor Adventures  
Student Recreation Center  
1400 E. 6th Street  
Tucson, AZ 85721  
(520) 621-8233  
<http://CampusRec.arizona.edu>