

# “Everyone Wins When We Play Together”

## **What Level Should I Play At?**

Only you can make that call. Ask yourself what you are trying to accomplish through your participation. Intramural leagues, tournaments and special events are designed so that both the competitive and the recreational player can have an enjoyable experience during their participation. Participation is designed so that a sense of community is created during play.

## **Levels of Play**

In an effort to meet the needs of a more varied recreational population, the Intramural Sports Program offers a tiered Intramural Sports structure. The three levels are divided based on intensity of competition and motivation for playing. This will enable participants to play in the most appropriate division. All Intramural activities are classified as recreational sports in the sense that they are less competitive and more cooperative than interscholastic or intercollegiate athletics. The primary reasons for playing Intramural Sports should always be relaxation, exercise, social interaction, and friendly competition. It is within this framework of competing with, rather than against, an opponent that the following levels of play were developed.

## **DESERT (Newly Acquired Skills):**

The emphasis is on playing. “HAVING FUN”

## **SUNSET (Moderately Skilled):**

You are invested in determining a champion. “PLAYING HARD”

## **CACTUS (Highly Skilled):**

The most intense division we can offer. “WINNING BIG”