

Fitness Department – Satellite Classes

Any UA student or office group may request a fitness class or series of classes at your location. Campus Recreation will provide a certified group fitness instructor and/or personal trainer for your group workout and/or lecture.

Single Class – Satellite Requests

Fee: \$60.00 per hour/per instructor or trainer

Equipment Fees: \$1.00 per item for each piece of equipment

Policies:

- Requests must be submitted two weeks prior to the scheduled event. Download request form
- Requests may be denied due to short length of notice, inability to meet request in regards to instructor availability, and/or safety of the location.
- Requests for a specific instructor/trainer will be filled if possible.
- Equipment requests may be denied due to equipment availability and/or difficulty of transport.
- Satellite classes must be pre-paid at the Campus Recreation Business Office.
- Class area should be open and safe.
- Campus Recreation will determine class size limits based on nature of activity and size of activity space.
- Satellite location should have a phone, first aid kit, and a predetermined emergency action plan.
- Satellite location should make arrangements for loading/unloading of requested equipment and parking for the instructor/trainer if needed.
- Satellite location should make arrangements and/or provide the instructor/trainer and participants with appropriate equipment as needed if not rented from Campus Recreation.
- The contact information (land phone, cell phone, and email) of the main contact of the satellite location should be provided to Campus Recreation and the instructor/trainer.
- All satellite participants must sign an assumption of risk and waiver before participation.

Multiple Classes – Satellite Requests

Fee: \$50 per hour/per instructor or trainer

Policies:

- Requests must be made 12 weeks prior to the scheduled start date. Download request form.

- Requests may be made for multiple classes per week and/or per semester.
- Multiple classes must be in the same location and for the same group for the extent of the request.
- Make-up classes will be scheduled in case of emergencies.
- Requests for a specific instructor/trainer will be filled if possible.
- Requests may be denied due to short length of notice, inability to meet request in regards to instructor availability, and/or safety of the location.
- Equipment requests may be denied due to equipment availability and/or difficulty of transport.
- Satellite location will be charged a flat fee in the sum of classes/hours/weeks.
- Satellite class flat fee must be pre-paid at the Campus Recreation Business Office.
- Satellite location will be responsible for their own participation policies.
- Class area should be open and safe.
- Campus Recreation will determine class size limits based on nature of activity and size of activity space.
- Satellite location should have a phone, first aid kit, and a predetermined emergency action plan.
- Satellite location should make arrangements and/or provide suggestions for parking and building entry for the instructor/trainer and the participants.
- Satellite location should make arrangements and/or provide the instructor/trainer and participants with appropriate equipment as needed.
- The contact information (land phone, cell phone, and email) of the main contact of the satellite location should be provided to Campus Recreation and the instructor/trainer.
- All satellite participants must sign an assumption of risk and waiver before participation.