

SPORTS CLUB PRACTICE SCHEDULE

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
6:00 AM							
7:00 AM							
8:00 AM							
9:00 AM							
10:00 AM							
11:00 AM							
12:00 PM	Men's Water Polo 12:30-2:30pm 6 Lanes						
1:00 PM	Tri Girls 12-1:30pm 2 Lanes						Tri Girls 12-1:30pm 2 Lanes
2:00 PM							
3:00 PM	Synchronized Swim 2:30-4:30pm Deep End						
4:00 PM						Women's Water Polo 3-5pm 6 Lanes	
5:00 PM	Tri Cats 5-6:15pm 4 Lanes	Men's Water Polo 5-7pm 6 Lanes		Men's Water Polo 5-7pm 6 Lanes	Men's Water Polo 5-7pm 6 Lanes	Synchronized Swim 5-7pm Deep End	
6:00 PM	Women's Water Polo 6:30-8:30pm 6 Lanes		Women's Water Polo 5-7pm 6 Lanes	Tri Cats 5:45-7pm 4 Lanes		Tri Cats 5-6:15pm 4 Lanes	
7:00 PM				Synchronized Swim 7-9pm Deep End			
8:00 PM				Team in Training 4 Lanes 7-8pm			
9:00 PM							